

## **THREE DAY URINE COLLECTION**

### **(for Cytology Testing)**

Obtain 3 sterile 50 ml yellow top container from your doctor or pathology collection centre

#### **Please note**

- A urine sample for cytology should **NOT** be collected from the first urine passed when you get up in the morning.
- A mid-morning urine sample is suitable.
- Only some of the urine passed at this time needs to be collected
- It is important to collect one urine sample each day for 3 days. You can keep specimens refrigerated and deliver all 3 together.

#### **Instructions**

1. Write your full name and date of birth on all three containers
2. Pass some urine into the sterile container
3. Secure the lid.
4. Write the date and time of each collection on the corresponding containers
5. Return the container to your doctor or to the pathology collection centre (with a referral form).

#### **Note:**

The specimen can be refrigerated if there is any delay

