

## **FIRST PASS URINE COLLECTION**

### **(for Chlamydia PCR , Neisseria Gonorrhoea PCR)**

Obtain 3 sterile 50 ml yellow top container from your doctor or pathology collection centre

#### **Please note**

- A urine sample for Chlamydia PCR should be the first part of any urine you pass and may be collected at any time of the day.

#### **Instructions**

1. Write your full name and date of birth on the container
2. Pass and collect the first part of your urine into the 50mL sterile yellow top container
3. Finish passing the remainder of the urine into the toilet.
4. Secure the lid.
5. Write the date and time of the collection on the container
6. Return the container to your doctor or to the Collection Centre (with a referral form).

#### **Note:**

The specimen can be refrigerated if there is any delay